



## The Disaster Diaries: How I Learned to Stop Worrying and Love the Apocalypse

By Sheridan, Sam

Penguin Press HC, The, 2013. Book Condition: New. Brand New, Unread Copy in Perfect Condition. A+ Customer Service!  
Summary: "Though it's a work of nonfiction, The Disaster Diaries explores every catastrophic disaster, from floods and earthquakes to sci-fi scenarios like zombie infections and escaping giant alien monsters, and asks experts around the world exactly what preparations are needed. Sheridan uncovers survival skills (first aid, hunting in the wilderness, firing a gun) as well as some craftier tricks (hot-wiring a car, constructing an igloo). But The Disaster Diaries isn't instructional. The apocalypse schemes serve as a lens that allows Sheridan to explore the limits of the human body and psyche and how physical and mental strength are inexplicably linked. at least when the apocalypse does arrive, I can take comfort that Sam Sheridan will survive, to continue the existence of the human race and smartly researched nonfiction books." Grantland " Sheridan is a charming storyteller, and his prose is both thoughtful and playful. An upbeat and entertaining survival guide for the end of the world ." Kirkus (starred review) "Although this would make a great title for a postapocalyptic novel, Sheridan's book is actually a nonfiction guide to preparing yourself for..."



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### Reviews

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