



## The Hummingbird Way: Putting Hover, Zip, and Zoom to Work in Your Life

By Sherri Lynea Gerek

Let's Strut Your Stuff. Paperback. Book Condition: New. Paperback. 232 pages. Dimensions: 8.9in. x 6.0in. x 0.6in. An energetic and thought-provoking guide to self-development. Sherri Lynea Gerek wants to help you fulfill the highest vision you hold for yourself and your life. In *The Hummingbird Way*, Sherri offers up a bright perspective on overcoming challenges by elevating your everyday thoughts and behaviors. As you apply the book's lessons to rise above your circumstances like the hummingbird, you will broaden your horizon and unearth new possibilities for greater understanding and acceptance of yourself and others. *The Hummingbird Way* includes lessons such as . . . Have Confidence in Your Ability to Fly Hover and Rise Above Face Your Fear and Fly Right Through It Every Feather in Place Fight Fairly Fly Higher File Your Flight Plan Fly Forward-Dont Look Back . . . and more! Each of its twenty-two chapters opens with a hummingbird scene providing a metaphor for a common life issue we all face. This is followed by a personal life lesson conveyed through a story, a strategy, and a worksheet for further self-exploration. *The Hummingbird Way* stirs the imagination. As you aspire to live in harmony with the world...



**READ ONLINE**  
[ 8.02 MB ]

### Reviews

*Without doubt, this is actually the greatest operate by any writer. It is really basic but surprises within the 50 percent of the ebook. I discovered this ebook from my i and dad recommended this ebook to understand.*

-- Mrs. Chelsea Hintz

*Simply no phrases to spell out. It is probably the most remarkable pdf i have got read through. I am delighted to inform you that this is actually the greatest publication i have got read within my very own existence and can be he very best book for actually.*

-- Demarcus Ullrich

## Related PDFs



**Your Pregnancy for the Father to Be Everything You Need to Know about Pregnancy Childbirth and Getting Ready for Your New Baby by Judith Schuler and Glade B Curtis 2003 Paperback**

Book Condition: Brand New. Book Condition: Brand New.



**Kingfisher Readers: Your Body (Level 2: Beginning to Read Alone) (Unabridged)**

Pan Macmillan. Paperback. Book Condition: new. BRAND NEW, Kingfisher Readers: Your Body (Level 2: Beginning to Read Alone) (Unabridged), Brenda Stone, For the first time, Kingfisher brings its expertise in beautifully-designed, trusted non-fiction to the sphere of learning to read. This new...



**Crochet: Learn How to Make Money with Crochet and Create 10 Most Popular Crochet Patterns for Sale: ( Learn to Read Crochet Patterns, Charts, and Graphs, Beginner s Crochet Guide with Pictures)**

Createspace, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Getting Your FREE Bonus Download this book, read it to the end and see BONUS: Your FREE Gift chapter after...



**A Dog of Flanders: Unabridged; In Easy-to-Read Type (Dover Children's Thrift Classics)**

Dover Publications, 2011. Paperback. Book Condition: New. No Jacket. New paperback book copy of A Dog of Flanders by Ouida (Marie Louise de la Ramee). Unabridged in easy to read type. Dover Children's Thrift Classic. Reprint of original edition. Green edition. Mineola...



**DK Readers Animal Hospital Level 2 Beginning to Read Alone**

DK CHILDREN. Paperback. Book Condition: New. Paperback. 32 pages. Dimensions: 8.9in. x 5.8in. x 0.1in.This Level 2 book is appropriate for children who are beginning to read alone. When Jack and Luke take an injured duck to the vet, it is just...



**DK Readers Day at Greenhill Farm Level 1 Beginning to Read**

DK CHILDREN. Paperback. Book Condition: New. Paperback. 32 pages. Dimensions: 8.8in. x 5.7in. x 0.2in.This Level 1 book is appropriate for children who are just beginning to read. When the rooster crows, Greenhill Farm springs to life. Join the ducklings, cows, and...