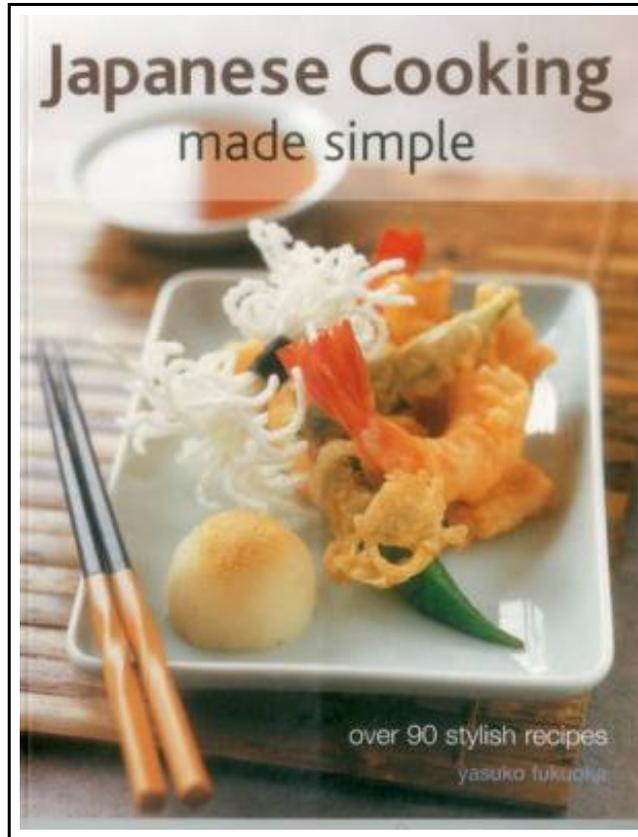


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Anness Publishing. Mixed media product. Book Condition: new. BRAND NEW, Japanese Cooking Made Simple: Over 90 Stylish Recipes, Yasuko Fukuoka, This title features over 90 stylish recipes. It includes over 90 delicious dishes, from nori-rolled sushi and miso soup to elegant shellfish sashimi and grilled salmon teriyaki. It comes with more than 250 fabulous photographs and straightforward step-by-step instructions, you will discover how easy it is to combine natural tastes with exquisite presentation in classic Japanese style. It includes an introduction that explains the history of this unique cuisine, and gives an essential insight into the Japanese philosophy of eating. From its early history, Japan's traditions and philosophy have influenced how food is prepared, cooked, served and received. Food is eaten uncooked or only very lightly cooked, as this is considered to be the best way to enjoy the contrasting elements. Combining taste with beauty, the recipes in this book cover all the components of a traditional Japanese meal: rice and sushi; soups and noodles; vegetables and seaweed dishes; beans, tofu and egg dishes; fish and shellfish; poultry and meat recipes; and also some delectable desserts. Beautiful photographs along with illustrated step-by-step techniques show how you can achieve success every time.



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