



Super Memory: It Can be Yours

By Shakuntala Devi

Orient Publishing/Orient Paperbacks, New Delhi, India.
Softcover. Book Condition: New. This is one of those rare books that can help all of us with something that is both troublesome and worrisome our memory. It does this with ease, not by attempting to teach some exhausting rote-memory techniques, but in 12 easy and effortlessly smooth steps. Shakuntala Devi's down-to-earth writing and encouraging step-by-step approach puts super memory in reach of everyone. As she says, 'Take my word. You can start applying my memory-enhancing techniques immediately, right now. Before you will realize, applying my methods and strategies will become your second nature.' Shakuntala Devi has been honing and teaching her memory improvement techniques for more than 40 years. Super Memory is the result of her life's work, specially tailored to our needs as we age, and encompassing all of the many ways we can use a better memory every day. Printed Pages: 240.



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Reviews

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